

10 Tasty Recipes That Will Make You Fall in Love with Quinoa

Summary: Try these 10 tasty recipes and you will be hooked on quinoa.

Once a weird word that no one knew how to pronounce, quinoa has slowly made its way into mainstream eating, often popping up on restaurant menus and available in any grocery store. So what's the big deal? People love quinoa because not only is it like rice in the sense that it takes on any flavor that you add to it, but it's also good for you and a great option for vegetarians. Quinoa contains all the essential amino acids and is therefore a great source of protein.

From sweet breakfasts to Mexican dinners, quinoa can be found just about anywhere. If you want to try cooking this grain in your own home, here are ten recipes to get you started.



Blueberry Quinoa Breakfast Bars from Simply Quinoa





One Pan Mexican Quinoa from Damn Delicious



Quinoa Patties from Frugal Living NW



5 Ingredient Turmeric Quinoa from Simply Quinoa



Veggie Quinoa Burritos from Wendy Polisi



Baked Turkey Meatballs with Quinoa from Just a Taste



Quinoa Fried Rice from Living Sweet Moments



Garlic Shrimp and Quinoa from As Easy As Apple Pie



Quinoa Enchilada Casserole from Damn Delicious

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