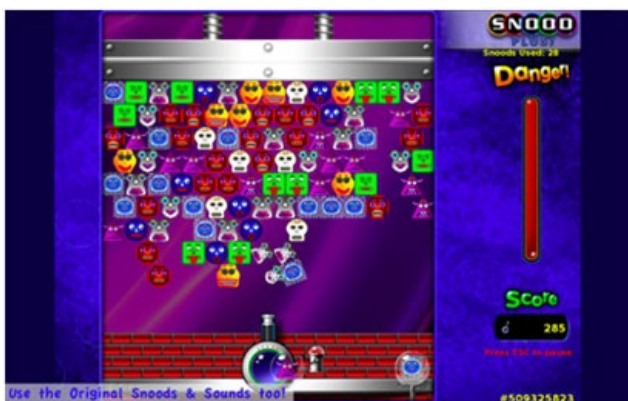


5 Computer Games to Help You Relax after Work

Summary: De-stress with these relaxing computer games after a hard day of work.



1. **Flow.** This game pulled me in from the moment I figured out how it worked. You have a little open mouthed creature in blue abyss and you click around with your mouse to swallow up other microorganisms. The more you swallow, the longer your creature becomes. A few minutes of this and you'll forget whatever was causing you anxiety.



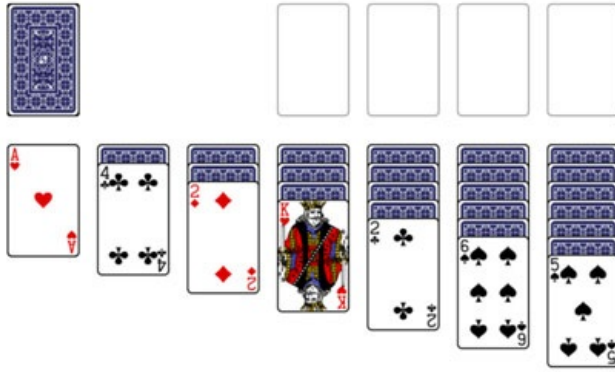
2. **Snood.** I remember playing this game on my old desktop computer back in high school, and it hasn't changed a bit. Point and fire to bring down the characters you need as they slowly creep toward the brick wall. Although it may seem more like an action game from the outside, Snood is actually a mentally challenging puzzle.



3. **Jigsaw Puzzle.** Jigsaw puzzles have been used to relax for ages, but now you can easily and quickly attempt one on your computer without ever running out. Pick an image that you find relaxing and a level that's just challenging enough, and soon you'll find that stress melting away.



4. **Bejeweled.** Another great game that requires you to think and act and get completely absorbed in your end goal. Bejeweled can be played both on your computer and on your phone, which is perfect for the train and bus commuters of the world after a long and stressful day at work.



5. **Solitaire.** This is a classic that just couldn't be left off the list. As long as you don't take it too seriously, this game can easily leave you completely absorbed in the cards.